

## **GIVE YOUR EVERYTHING: CANADIAN OLYMPIC THEMED PARTY!**

The Summer Olympic Games are a perfect reason to throw a party! Not only do you get to hang out with your family and friends, you also get to celebrate and cheer on

### TEAM CANADA

1. **Invitations** – Send out invitations inviting everyone to your “Olympic Village” for food, games and entertainment. Schedule your party for the opening ceremonies, during a sure win Canadian competition or during the closing ceremonies so you can celebrate Canada’s victories. Have a guest book on hand for guests to sign and write about their favorite Olympic moment!
2. **Decorations** – Hang flags from all over the world from the walls and banisters, with the Canadian Flag being the largest and use it as a centerpiece. If you are crafty, try making a cutout of the Olympic rings out of colored bristle board. Purchase red and white tableware and cups.
3. **Quizzes** – Print out pictures of past and present Canadian Olympians and have guests try and guess their name, sport or placing. Prizes would be gold medals that you can easily purchase from your local dollar store.
4. **Games for the kids** – If you have the space, set up an area outdoors to play various Olympic sports like shot put and standing long jump. You can also lay out a large mat for children to perform gymnastic routines with the adults as the judges.
5. **Giving Back** – If you have the budget you can also order some “Team Canada” t-shirts to give out to your guests and have your team members donate \$5-\$20 to the Canadian Olympic Foundation. ([www.olympicfoundation.ca](http://www.olympicfoundation.ca))



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6. **Food** – Definitely, have a few different Canadian food choices for your guests like poutine, smoked meats and mini bagels. To tie in into our English roots you can serve roast beef and Yorkshire pudding, which is a common Sunday dinner in English Canada, especially amongst Canadians of British Ancestry.
7. **Dessert** - For dessert serve all-Canadian butter tarts, or beavertails and anything with maple syrup will also be a hit! Bake vanilla and chocolate cupcakes and have the kids decorate their own with icing. Smarties and M&M's to design the Olympic rings logo.
8. **Drinks** – Drinks too can elevate the Olympic spirit. Adults can enjoy, in moderation, Canadian whisky, beer and ice wine. The kids can enjoy cranberry and white grape juice. You can serve them in red plastic margarita cups!
9. **Social Media** – Set up your home computer, log on to [facebook.com/canadianolympicteam](https://facebook.com/canadianolympicteam) and follow your favorite Olympic athletic and send them encouragement.
10. **Gifts** - After entertaining your guests for the evening, give them something to remember your party by giving out Olympic gold medals in milk chocolate. This will definitely be a hit with the kids and the adults too 😊



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